

Waking Up

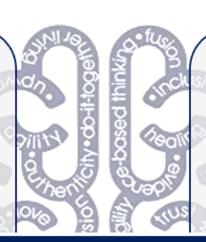
Find your Reflective Lens

Rethink Unconsciousness

From fake-lt-'til-you-make-it to agile thinking

→ From me, myself, and I to do-it-together thinking → From performance to metaawareness thinking → From hiding to healing thinking → From false truth to

evidence-based thinking



Tuning In

Find your Mindful Lens

Rethink Mindlessness

From deficit to strengths thinking → From

one-and-done to resilient thinking → From

sky-is-falling to critical thinking → From

consumeristic to gratitude thinking → From happy talk to mindful thinking

Mentalligence:

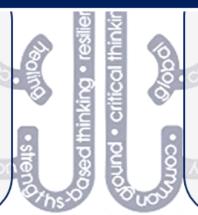
A New Psychology of Thinking

Breaking Out

Find your Global Lens

Rethink Insularity

→ From groupthink to universal thinking → From binary to real thinking → From bias to solidarity → From polarized to commonground thinking



Going Beyond

Find your Imagineering Lens

Rethink Stagnation

→ From all-or-nothing to fusion thinking →

From always-on to sustainability thinking →

From good student to inclusive thinking →

From silo to integration thinking

Rethink your way to the Good Life.

@The RealDrKris

#onlywe

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